

# PRAYER PATH GUIDE

## Psalm 1

Make your way down the trail to the patio.  
Sit in one of the blue chairs.

### Read through Psalm 1.

- 1 Blessed is the one  
who does not walk in step with the wicked  
or stand in the way that sinners take  
or sit in the company of mockers,*
- 2 but whose delight is in the law of the Lord,  
and who meditates on his law day and night.*
- 3 That person is like a tree planted by streams of water,  
which yields its fruit in season  
and whose leaf does not wither—  
whatever they do prospers.*
- 4 Not so the wicked!  
They are like chaff  
that the wind blows away.*
- 5 Therefore the wicked will not stand in the judgment,  
nor sinners in the assembly of the righteous.*
- 6 For the Lord watches over the way of the righteous,  
but the way of the wicked leads to destruction.*

Select one verse or phrase that stands out to you today. As you make your way to the cross, reflect on this verse. Discuss it with your Prayer Path partner or with God as you walk. Pause at the foot of the cross and sit on the bench.

### Pray:

*God,  
Help me to experience delight when I read Your words. Give me the nourishment and support I need to grow deep roots. May my life bear good fruit, so I can be a blessing to others.  
Amen.*

As you walk down the rest of the Prayer Path, make plans for how you will commit to the Summer in the Psalms Bible Reading Plan and Devotional Guide.

# PRAYER PATH GUIDE



## Psalm 23

Start your walk on the Prayer Path. Pause at the patio and sit in one of the blue chairs.

### **Read through Psalm 23:1-3.**

*The Lord is my shepherd; I shall not want.  
He makes me lie down in green pastures.  
He leads me beside the still waters.  
He restores my soul.  
He leads me in paths of righteousness  
for His name's sake.*

What is preventing you from experiencing peace right now? Share with your Prayer Path partner or God.


As you continue your walk on the Prayer Path, take notice of the beautiful scenery. How might God be leading you to green pastures, still waters, and paths of righteousness in this circumstance?


Discuss it with your Prayer Path partner or with God as you walk. Pray for God to begin restoring your soul.

At the top of the hill, you'll reach a tunnel of cedar trees. Reflect on the circumstances that are currently preventing you from experiencing peace. What fears do you have about this?

### **Pray these words from Psalm 23:4 as you walk through the tunnel of trees.**

*Even though I walk  
through the valley of the shadow of death,  
I will fear no evil,  
for You are with me;  
Your rod and Your staff,  
they comfort me.*





Pause at the foot of the cross and thank Jesus for overcoming the darkness with light. Continue down the hill back towards the patio.

At the patio, you'll find small containers of oil. Anointing the head with oil was a symbol of being chosen and blessed.

**Read through Psalm 23:5-6.**


*You prepare a table before me  
in the presence of my enemies;  
You anoint my head with oil;  
my cup runs over.  
Surely goodness and mercy shall follow me  
all the days of my life,  
and I will dwell in the house of the Lord  
forever.*

Take the oil and anoint your own head or your partner's forehead with a cross.

**Recite this blessing as you anoint:**

*May the Good Shepherd guide and protect you,  
causing your cup to overflow. And surely His  
goodness and mercy will follow you all the days  
of your life.*

As you continue walking the remainder of the Prayer Path, reflect on and discuss how God is restoring your soul.



# PRAYER PATH GUIDE



## Psalm 51

Start your walk on the Prayer Path. Pause at the patio and sit in one of the blue chairs.

### Read Psalm 51:1-3.

*Have mercy on me, O God,  
according to Your unfailing love;  
according to Your great compassion  
blot out my transgressions.  
Wash away all my iniquity  
and cleanse me from my sin.  
For I know my transgressions,  
and my sin is always before me*

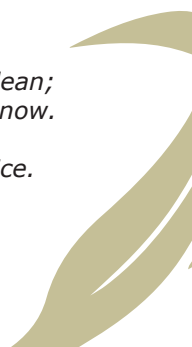
As you continue on the Prayer Path, confess your sins, including those of commission—when we do something wrong—and those of omission—when we fail to do what is right. Share with your Prayer Path partner or with God.

As you reach the far west end of the prayer path, you'll turn back and begin weaving through a trail edged with large boulders. Sin can create boulders and obstacles in our relationships.

At the top of the hill, you'll reach a tunnel of cedar trees. Make your way to the middle of the tunnel and sit on the bench facing the playground.

### Read Psalm 51:7

*Cleanse me with hyssop, and I will be clean;  
wash me, and I will be whiter than snow.  
Let me hear joy and gladness;  
let the bones you have crushed rejoice.  
Hide your face from my sins  
and blot out all my iniquity.*



Hyssop was a plant used for cleansing and purification rituals. The tall, thin, leafy plants in front of you right now are hyssop plants. Pray for God to cleanse you of your sin, including the guilt, shame, and pain resulting from that sin.

Make your way to the cross and sit on the bench facing the cross.

### **Read Psalm 51:4.**

*Against You, You only, have I sinned  
and done what is evil in Your sight;  
so You are right in Your verdict  
and justified when You judge.*

Pray and ask God to forgive sin that has harmed your relationship with Him.

The cross is in front of you. The vineyard is behind you. You are surrounded by forgiveness.

Hear these words: "*You are completely forgiven, cleansed, and washed whiter than snow.*" Pray that you will fully believe and accept this forgiveness for yourself.

Continue down the hill back towards the patio. You will see two orange chairs. Orange is the color of hope. Sit in the orange chairs.

### **Read Psalm 51:10-12.**

*Create in me a pure heart, O God,  
and renew a steadfast spirit within me.  
Do not cast me from your presence  
or take your Holy Spirit from me.  
Restore to me the joy of your salvation  
and grant me a willing spirit, to sustain me.*

How will you be different after receiving this forgiveness? Share with your Prayer Path partner or with God. As you continue walking the remainder of the Prayer Path, thank God for this gift of forgiveness.

# PRAYER PATH GUIDE

## Psalm 65

This is a prayer walk of gratitude, thanking God for abundantly providing everything we need. Start your walk on the Prayer Path. Pause at the patio and sit in one of the blue chairs.

### Read Psalm 65:1-5

*What mighty praise, O God,  
belongs to You in Zion.  
We will fulfill our vows to You,  
for You answer our prayers.  
All of us must come to You.  
Though we are overwhelmed by our sins,  
You forgive them all.  
What joy for those You choose to bring near,  
those who live in Your holy courts.  
What festivities await us  
inside Your holy Temple.  
You faithfully answer our prayers with awesome deeds,  
O God our savior.  
You are the hope of everyone on earth,  
even those who sail on distant seas.*

As you continue your walk on the Prayer Path, thank God for all your prayers that have been answered with awesome deeds. Share with your Prayer Path partner or with God. Pause at the top of the hill and sit at the picnic table.

### Read Psalm 65:8.

*Those who live at the ends of the earth  
stand in awe of your wonders.  
From where the sun rises to where it sets,  
you inspire shouts of joy.*

Look out in awe at God's creation all around you. Offer a prayer of praise to God.

Continue on through the tunnel of trees.  
Stand at the top of the hill behind the cross.

### **Read Psalm 65:9-10.**

*You take care of the earth and water it,  
making it rich and fertile.*

*The river of God has plenty of water;  
it provides a bountiful harvest of grain,  
for You have ordered it so.*

*You drench the plowed ground with rain,  
melting the clods and leveling the ridges.*

*You soften the earth with showers  
and bless its abundant crops.*

To your left, down the hill, are rows of plants and raised garden beds where crops will grow. In front of a cross is a vineyard. God provides all they need for an abundant harvest.

How has God provided for you and blessed you with an abundant harvest? Share with your Prayer Path partner or with God.

As you continue down the hill back towards the patio, pause at one of the benches or chairs.

### **Read Psalm 65:11-13**

*You crown the year with a bountiful harvest;  
even the hard pathways overflow with abundance.  
The grasslands of the wilderness become a lush pasture,  
and the hillsides blossom with joy.  
The meadows are clothed with flocks of sheep,  
and the valleys are carpeted with grain.  
They all shout and sing for joy!*

Continue down the hill. How has God provided for you and produced blessings in hard seasons of your life? Share with your Prayer Path partner or with God.

As you continue walking along the remainder of the Prayer Path, take a moment to thank God for His abundant generosity and provision.