

# Loaded

## Questions

Jesus asked



what do you benefit if you gain the whole world...

who do you say I am...

do you want to get well...

can all your worries add a single moment...

Study Guide



[weomaha.com](http://weomaha.com)

## Jesus asked great questions.

- Questions to make us think and reflect.
- Questions to challenge us.
- Questions that lead to insights.
- Questions that change us.

***These Loaded Questions lead us to answers  
about ourselves, faith, and life.***

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To stream the Weekly Videos, follow these steps:

- Go to [YouTube.com/weomaha](https://www.youtube.com/weomaha) and find the Loaded Questions Playlist

**OR**

- Scan the QR code below to our YouTube Playlists page



# Week 1

## The Question

**“What do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?”**

*-Matthew 16:26 (NLT)*

## My Answer

**Jesus is not expecting a literal answer to this question, He is encouraging us to reflect on this question.**

Are you seeking to gain the whole world (possessions, control, and success) at the expense of your soul and spiritual well-being?

Write your response to this reflection question.

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**As a group, discuss one thing you learned or realized from this self-reflection.**

## Jesus' Answer

*Then Jesus said to His disciples, “If any of you wants to be my follower, you must give up your own way, take up your cross, and follow me. If you try to hang on to your life, you will lose it. But if you give up your life for my sake, you will save it. And*

***what do you benefit if you gain the whole world but lose your own soul? Is anything worth more than your soul?”*** *-Matthew 16:24-26 (NLT)*

How would you explain Jesus' message in your own words?

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**Discuss your responses with your group.**



## 1 Question 1

What would “gaining the whole world” look like to you? What dreams would come true? What things would you have?

## 2 Question 2

Can we gain the worldly things we desire like possessions, success, and popularity while also maintaining our spiritual well-being? Why or why not?

## 3 Question 3

What does losing your soul look like?

## 4 Question 4

Share about a time when your soul felt at peace. What caused you to feel this way? What is something that truly satisfies your soul’s thirst?

## 5 Question 5

What does it look like for us to “give up our own way,” “take up our cross,” and “give up our life”? How have you lived this out in your own life?

## Video Notes

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Loaded Questions Playlist

## 6 Question 6

How can these sacrifices lead us to gain more than we lose? What do we gain?

## 7 Question 7

How would you answer the question: Does Christianity make life more difficult or easier? Why?

## 8 Question 8

What practices can help us prioritize our soul over all other things?



**“Is anything worth more than your soul?” - Jesus**

This week, I will give up or let go of...

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This week, I will prioritize my soul by...

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**Our Turn to Ask**

**This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.**

*-1 John 5:14 (NIV)*

**God,  
keep  
me from  
chasing  
things  
that can't  
satisfy  
my soul  
like You  
can.  
Amen.**

**Prayer Requests →**

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# Loaded Questions

Bible Reading Plan

*Read and Reflect on these passages this week.*

## Reading 1

**Matthew 19:16-30**

What is one application or learning from this passage?

## Reading 2

**Psalms 63**

What is one application or learning from this passage?

## Reading 3

**Philippians 3:7-14**

What is one application or learning from this passage?

# Week 2

## The Question

**“Who do you say I am?”**

-Matthew 16:15 (NLT)

## My Answer

**How we understand who Jesus is significantly shapes our lives and worldviews.**

How would you respond if Jesus asked you, “Who do you say I am?”

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**As a group, discuss one thing you realized from this self-reflection.**

## Jesus' Answer

*When Jesus came to the region of Caesarea Philippi, He asked His disciples, “Who do people say that the Son of Man is?” “Well,” they replied, “some say John the Baptist, some say Elijah, and others say Jeremiah or one of the other prophets.” Then He asked them, **“But who do you say I am?”** Simon Peter answered, “You are the Messiah, the Son of the living God.” Jesus replied, “You are blessed, Simon son of John, because my Father in heaven has revealed this to you. You did not learn this from any human being.”*  
-Matthew 16:13-17 (NLT)

Why is this question so important to Jesus?

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**Discuss your responses with your group.**





### 1 Question 1

If you asked people, “Who do you say I am?” what words would they use to describe you?

### 2 Question 2

Why is it hard to define who Jesus is?

### 3 Question 3

How has your understanding of who Jesus is changed over time? What caused it to change?

### 4 Question 4

Jesus is given many titles in the Bible. He is called Son of God, Teacher, Wonderful Counselor, Prince of Peace, Savior, King of Kings, Light of the World, Good Shepherd, and Messiah. Which title for Jesus resonates most with you? Why?

### 5 Question 5

A.W. Tozer said, “What comes into our minds when we think about God is the most important thing about us.” Why is our understanding of who Jesus is so important?

## Video Notes

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Loaded Questions Playlist

### 6 Question 6

How does your understanding of Jesus’ identity impact how you live your life?

### 7 Question 7

Peter declares Jesus is the Messiah - the deliverer and savior. When you make this declaration, what can Jesus deliver or save you from?



**“Who do you say I am?” - Jesus**

This week, I will reflect who Jesus is by...

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“Jesus’ questions were not for His understanding but for our transformation.”  
- Rick Warren

**Our Turn to Ask**

**This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.**

*-1 John 5:14 (NIV)*

*Jesus,  
let my  
life be a  
reflection  
of who  
You are.  
Amen.*

**Prayer Requests →**

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# Loaded Questions

## Bible Reading Plan

*Read and Reflect on these passages this week.*

### Reading 1

**John 4:1-30**

What is one application or learning from this passage?

### Reading 2

**Psalms 145**

What is one application or learning from this passage?

### Reading 3

**Colossians 1:15-20**

What is one application or learning from this passage?

# Week 3

## The Question

**“What do you want me to do for you?”**

-Mark 10:51 (NLT)

## My Answer

**If you stood face to face with Jesus, how would you answer the question, “What do you want me to do for you?”**

Write your response to this reflection question.

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**As a group, discuss one thing you realized from this self-reflection.**

## Jesus' Answer

*A blind beggar named Bartimaeus was sitting beside the road. When Bartimaeus heard that Jesus of Nazareth was nearby, he began to shout, “Jesus, Son of David, have mercy on me!” “Be quiet!” many of the people yelled at Him. But he only shouted louder, “Son of David, have mercy on me!” When Jesus heard him, He stopped and said, “Tell him to come here.” So they called the blind man. “Cheer up,” they said. “Come on, He’s calling you!” Bartimaeus threw aside his coat, jumped up, and came to Jesus.*

**“What do you want me to do for you?”** Jesus asked. “My Rabbi,” the blind man said, “I want to see!” And Jesus said to him, “Go, for your faith has healed you.” Instantly, the man could see, and he followed Jesus down the road. -Mark 10:46-52 (NLT)

What do you notice about Jesus in this interaction?

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**Discuss your responses with your group.**



### 1 Question 1

Are you comfortable asking others for help? Why or why not?

### 2 Question 2

Bartimaeus persistently asked Jesus for help. Share about a time you were persistent in asking Jesus for something.

### 3 Question 3

The crowd told Bartimaeus to stop calling out to Jesus for help. What discourages you from going to Jesus for help?

### 4 Question 4

Bartimaeus didn't get discouraged; he got louder! How can we ask Jesus more boldly for the healing we seek? How can we be persistent?

### 5 Question 5

Why do we often try to heal ourselves instead of going to Jesus for healing?

## Video Notes

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Loaded Questions Playlist

### 6 Question 6

Are there any areas of your life—physical, mental, emotional, or relational—where you need healing from Jesus right now? Are you going to ask Jesus for healing? Why or why not?

### 7 Question 7

Do you believe Jesus can heal you?

**“What do you want me to do for you?” - Jesus**

This week, I want to ask Jesus to...

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I will ask persistently by...

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**Our Turn to Ask**

**This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.**

*-1 John 5:14 (NIV)*

***Jesus,  
I trust  
you can  
heal the  
broken  
parts of  
my life.  
Amen.***

**Prayer Requests →**

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# Loaded Questions

Bible Reading Plan

*Read and Reflect on these passages this week.*

## Reading 1

**Matthew 7:7-11**

What is one application or learning from this passage?

## Reading 2

**Psalms 30**

What is one application or learning from this passage?

## Reading 3

**James 1:5-8**

What is one application or learning from this passage?

# Week 4

## The Question

**“Do you want to get well?”**

-John 5:6 (NLT)

## My Answer

**Hundreds of sick and hurting people surrounded Jesus. He asks a man who had been unable to walk for thirty-eight years: Do you want to get well?**

How would you respond if Jesus asked you:  
*Insert your name*, do you want to get well?  
What would “well” look like for you?

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**As a group, discuss one thing you realized from this self-reflection.**

## Jesus' Answer

**Jesus told him, “Pick up your mat and walk!”** *Right then, the man was healed. He picked up his mat and started walking around.*

-John 5:8-9 (CEV)

You answered “yes” to the question, “Do you want to get well?” But a second question is implied: “Are you willing to do the necessary things so that you can get well?” Jesus told the man to get up and walk, to leave everything familiar so he could walk into a new life.

What does Jesus see as the difference between wanting to be well and having the will to do the necessary things to get well?

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**Discuss your responses with your group.**



## 1 Question 1

What is it like to see somebody **want something** but then observe that they aren't willing to take the necessary steps to achieve it?

## 2 Question 2

In what ways do you sometimes **wait for healing** or change in your life instead of taking action to receive God's grace?

## 3 Question 3

What steps did the man at the pool **have to take** to receive his healing from Jesus? How does this story illustrate that responding to God's grace requires not just desire but action and obedience as well?

## 4 Question 4

How does this story **challenge us** to examine our attitudes towards healing and change and actively seek God's transformative power in our lives?

## 5 Question 5

How can we avoid becoming **passive or complacent** when seeking God's grace and healing?

## Video Notes

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Loaded Questions Playlist

## 6 Question 6

How does the story of the man at the pool of Bethesda **inspire us** to trust in God's timing and sovereignty as we seek His grace and healing in our lives?

## 7 Question 7

What **practical steps** can we take to actively respond to God's grace and pursue healing and transformation in our own lives? What barriers or doubts must we overcome to fully embrace God's grace and take active steps toward healing and restoration?

## 8 Question 8

In what ways can we **encourage and support one another** in our efforts to respond to God's grace and take the necessary steps toward healing and growth?



**“Pick up your mat and walk.” - Jesus**

This week, I will respond to God’s grace by...

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“Through questions, Jesus transforms our doubts into faith and our fears into courage.” - John Piper

**Our Turn to Ask**

**This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.**

-1 John 5:14 (NIV)

**Jesus,  
I want  
to get  
well.  
Show  
me the  
way I  
should  
go.  
Amen.**

**Prayer Requests →**

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# Loaded Questions

## Bible Reading Plan

*Read and Reflect on these passages this week.*

### Reading 1

**Matthew 25:14-30**

What is one application or learning from this passage?

### Reading 2

**2 Kings 5:1-19**

What is one application or learning from this passage?

### Reading 3

**Matthew 15:21-28**

What is one application or learning from this passage?

# Week 5

## The Question

**“Can all your worries add a single moment to your life?”**

-Luke 12:25 (NLT)

## My Answer

**Jesus uses this rhetorical question to invite us to reflect on our worries.**

What things do you worry about most? Why do you worry about these things?

Write your response to these reflection questions.

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**As a group, discuss one thing you realized from this self-reflection.**

## Jesus' Answer

*“Look at the ravens. They don't plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! **Can all your worries add a single moment to your life?** And if worry can't accomplish a little thing like that, what's the use of worrying over bigger things? Look at the lilies and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?” -Luke 12:24-28 (NLT)*

How would you explain Jesus' message in your own words?

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**Discuss your responses with your group.**



## 1 Question 1

What is an irrational fear or worry you had as a child? Where did this worry come from?

## 2 Question 2

When you are worried or anxious about something, how does it affect your life? How does it affect the way you treat people?

## 3 Question 3

What we worry about the most often reveals where we trust God the least. Think about the things you worry about most. Why is it difficult to trust God with these things?

## 4 Question 4

How does God provide for us? Share about a time God provided for you.

## 5 Question 5

How can we balance the responsibility to work and provide for ourselves with the need to trust God's provision?

## Video Notes

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Loaded Questions Playlist

## 6 Question 6

Peace does not come from circumstances; peace is a gift from God. How can we experience peace even when circumstances aren't good?

## 7 Question 7

What practices help you deal with worry and anxiety?

## 8 Question 8

How can God help you deal with worry and anxiety?



**“Can all your worries add a single moment to your life?” - Jesus**

This week, I will start to replace worry with trust by...

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***Jesus,  
help me  
loosen  
my tight  
grip on  
my life  
and trust  
in You  
more.  
Amen.***

**“The questions Jesus poses are not meant to stump us but to guide us towards greater wisdom and understanding.” - Sarah Young**

**Our Turn to Ask**

**This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.**

*1 John 5:14 (NIV)*

**Prayer Requests →**

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# Loaded Questions

## Bible Reading Plan

*Read and Reflect on these passages this week.*

### Reading 1

**John 14:23-29**

What is one application or learning from this passage?

### Reading 2

**Psalms 121**

What is one application or learning from this passage?

### Reading 3

**Phillipians 4:6-9**

What is one application or learning from this passage?

# Week 6

## The Question

**“Why worry about a speck in your friend’s eye when you have a log in your own?” -Luke 12:25 (NLT)**

## My Answer

**Jesus used questions to challenge us.**

What specks or minor faults do you tend to notice and criticize in others?

Write your response to this reflection question.

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**As a group, discuss one thing you realized from this self-reflection.**

## Jesus’ Answer

*“Do not judge others, and you will not be judged. For you will be treated as you treat others. The standard you use in judging is the standard by which you will be judged.”*

**“And why worry about a speck in your friend’s eye when you have a log in your own?”**

*How can you think of saying to your friend, ‘Let me help you get rid of that speck in your eye,’ when you can’t see past the log in your own eye? Hypocrite! First get rid of the log in your own eye; then you will see well enough to deal with the speck in your friend’s eye.”*

*-Matthew 7:1-5 (NLT)*

How would you explain Jesus’ message here in your own words?

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**Discuss your responses with your group.**





## 1 Question 1

Share about a time when you felt unfairly judged. How did it make you feel?

## 2 Question 2

How do judgmental attitudes affect your relationships with others?

## 3 Question 3

What logs in our own eyes cause us to be more judgmental of others? How can we remove them?

## 4 Question 4

Once we remove the log, “then we will see well enough to deal with the speck in our friend’s eye.” How can we deal with the specks in our friend’s eyes in a healthy way?

## 5 Question 5

Why does Jesus say, “The standard you use in judging is the standard by which you will be judged”? How have you experienced this to be true?

## Video Notes

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Loaded Questions Playlist

## 6 Question 6

The more we understand, the less we judge. How can we understand others better?

## 7 Question 7

Jesus was perfect, yet He never judged others. How can we grow to be more like Jesus in this way?



**“Why worry about a speck in your friend’s eye when you have a log in your own?” - Jesus**

This week, I will judge others less by...

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***Jesus,  
give me  
eyes  
to see  
others  
the way  
You see  
them.  
Amen.***

### **Our Turn to Ask**

**This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.**

*-1 John 5:14 (NIV)*

### **Prayer Requests →**

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# Loaded Questions

Bible Reading Plan

*Read and Reflect on these passages this week.*

## Reading 1

**Luke 6:37-42**

What is one application or learning from this passage?

## Reading 2

**Psalms 15**

What is one application or learning from this passage?

## Reading 3

**Romans 14:10-13**

What is one application or learning from this passage?

# Week 7

## The Question

**Jesus asked a third time, “Simon, son of John, do you love me?”**  
-John 21:17 (CEV)

## My Answer

**Jesus asked Peter this question a third consecutive time after Peter had already answered “yes” twice.**

How would you respond if Jesus asked you:  
*Insert your name, do you love me? Why?*

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**As a group, discuss one thing you realized from this self-reflection.**

## Jesus' Answer

*Peter was hurt because Jesus had asked him three times if he loved him. So he told Jesus, “Lord, you know everything. You know I love you.”*

**Jesus replied, “Feed my sheep.”**  
-John 21:17 (CEV)

On the day Jesus died, Peter denied Jesus three times, perhaps the worst of all the things Jesus endured that day. Jesus gave Peter grace, allowing Peter to absolve the threefold denial with a threefold declaration of love. Then, Jesus gave Peter the opportunity to share the grace he had been given with others.

How would you explain Jesus' message here in your own words?

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**Discuss your responses with your group.**



### 1 Question 1

Do you typically think of obedience as a positive or negative word?

### 2 Question 2

Share a time you let somebody down. What was that experience like for you?

### 3 Question 3

How do you think Peter felt after denying Jesus? How can we overcome guilt or shame, as Peter likely experienced, and move forward in a renewed relationship with Him?

### 4 Question 4

Share a time somebody gave you a second chance. What was that like for you? What can we learn from Peter's restoration in this passage about forgiveness and redemption in our own lives?

### 5 Question 5

How does "feeding the sheep" apply to our responsibilities as Christians in nurturing and supporting one another in the faith?

## Video Notes

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### 6 Question 6

How does Jesus's command to Peter to "follow me" challenge us to leave behind our old ways and fully commit to a life of discipleship?

### 7 Question 7

What obstacles or distractions might hinder us from fully loving Jesus and obeying His command to follow Him?

### 8 Question 8

What steps can we take to deepen our relationship with Jesus and grow in obedience to His teachings?



**“Feed my sheep and follow me.” - Jesus**

This week, I will practice obedience to Jesus by...

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**Jesus,  
I love  
You.  
Help  
me live  
out that  
love in  
my life.  
Amen.**

**Our Turn to Ask**

**This is the confidence we have in approaching God: that if we ask anything according to His will, He hears us.**

*-1 John 5:14 (NIV)*

**Prayer Requests →**

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# Loaded Questions

Bible Reading Plan

*Read and Reflect on these passages this week.*

## Reading 1

**John 14:15**

What is one application or learning from this passage?

## Reading 2

**Romans 12:1-2**

What is one application or learning from this passage?

## Reading 3

**1 John 2:3-6**

What is one application or learning from this passage?



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