

PRAYER PATH GUIDE



Psalm 1

Make your way down the trail to the patio.
Sit in one of the blue chairs.

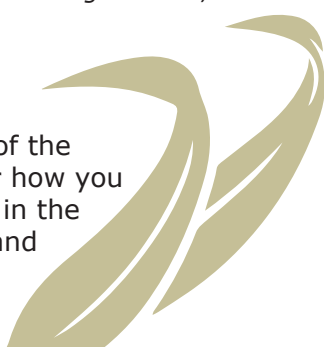
Read through Psalm 1.

- 1 Blessed is the one
who does not walk in step with the wicked
or stand in the way that sinners take
or sit in the company of mockers,
2 but whose delight is in the law of the Lord,
and who meditates on his law day and night.
3 That person is like a tree planted by streams of water,
which yields its fruit in season
and whose leaf does not wither—
whatever they do prospers.
4 Not so the wicked!
They are like chaff
that the wind blows away.
5 Therefore the wicked will not stand in the judgment,
nor sinners in the assembly of the righteous.
6 For the Lord watches over the way of the righteous,
but the way of the wicked leads to destruction.*

Select one verse or phrase that stands out to you today. As you make your way to the cross, reflect on this verse. Discuss it with your Prayer Path partner or with God as you walk. Pause at the foot of the cross and sit on the bench.

Pray:

*God,
Help me to experience delight when I read Your words. Give me the nourishment and support I need to grow deep roots. May my life bear good fruit, so I can be a blessing to others.
Amen.*



As you walk down the rest of the Prayer Path, make plans for how you will commit to the Summer in the Psalms Bible Reading Plan and Devotional Guide.

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Psalm 23

Start your walk on the Prayer Path. Pause at the patio and sit in one of the blue chairs.

Read through Psalm 23:1-3.

*The Lord is my shepherd; I shall not want.
He makes me lie down in green pastures.
He leads me beside the still waters.
He restores my soul.
He leads me in paths of righteousness
for His name's sake.*

What is preventing you from experiencing peace right now? Share with your Prayer Path partner or God.


As you continue your walk on the Prayer Path, take notice of the beautiful scenery. How might God be leading you to green pastures, still waters, and paths of righteousness in this circumstance?



Discuss it with your Prayer Path partner or with God as you walk. Pray for God to begin restoring your soul.

At the top of the hill, you'll reach a tunnel of cedar trees. Reflect on the circumstances that are currently preventing you from experiencing peace. What fears do you have about this?

Pray these words from Psalm 23:4 as you walk through the tunnel of trees.

*Even though I walk
through the valley of the shadow of death,
I will fear no evil,
for You are with me;
Your rod and Your staff,
they comfort me.*





Pause at the foot of the cross and thank Jesus for overcoming the darkness with light. Continue down the hill back towards the patio.

At the patio, you'll find small containers of oil. Anointing the head with oil was a symbol of being chosen and blessed.

Read through Psalm 23:5-6.

*You prepare a table before me
in the presence of my enemies;
You anoint my head with oil;
my cup runs over.
Surely goodness and mercy shall follow me
all the days of my life,
and I will dwell in the house of the Lord
forever.*

Take the oil and anoint your own head or your partner's forehead with a cross.

Recite this blessing as you anoint:

*May the Good Shepherd guide and protect you,
causing your cup to overflow. And surely His
goodness and mercy will follow you all the days
of your life.*

As you continue walking the remainder of the Prayer Path, reflect on and discuss how God is restoring your soul.

